

The Institute Activity Resource Guide

Connect with Other Attendees Before or After the Conference

Interested in golfing, hiking, or visiting the spa? [Complete this form](#) to indicate your interest. Approximately three weeks before the conference, we will connect conference attendees who have expressed interest in the same activity. Attendees can then communicate directly with one another to coordinate details and finalize their plans. Participation is voluntary, and attendees are responsible for coordinating their own plans.

Visit the Greater Palm Springs website to discover even more exciting things to do while in town: <https://www.visitgreaterpalmsprings.com/>

Public and Resort Golf Courses

Reservations can be made directly through the golf course websites listed below.



The Westin Rancho Mirage Golf Resort & Spa - Pete Dye Course

\$193

4.2

(2.7K)

4-star hotel

[Directions](#) | [Website](#)

- **Location:** 71333 Dinah Shore Dr, Rancho Mirage, CA
- **Details:** A challenging 18-hole championship layout featuring Pete Dye's signature railroad ties and stunning mountain views.
- **Booking:** Open to the general public for online and phone tee time reservations.



Mission Hills North Golf Course (Gary Player Signature Course)

4.3

(412)

Golf course

70705 Ramon Rd

[Directions](#) | [Website](#)

- **Location:** 70705 Ramon Rd, Rancho Mirage, CA
- **Details:** Scenic 18-hole public course designed by Gary Player, featuring wide landing areas, desert landscaping, and water features.
- **Booking:** Public tee times are readily available to book.



Desert Island Golf & Country Club

4.3

(199)

Country club

71777 Frank Sinatra Dr

[Directions](#) | [Website](#)

- **Location:** 71777 Frank Sinatra Dr, Rancho Mirage, CA
- **Details:** A unique 18-hole public-access course known as a hidden gem in the valley featuring an island fairway on the 9th hole.
- **Booking:** Open for public play, though advance booking is recommended.



Desert Willow Golf Resort

4.5

(498)

Golf course

Palm Desert, CA

[Directions](#) | [Website](#)

- **Location:** 38-995 Desert Willow Dr, Palm Desert, CA (short drive away)
- **Details:** Features two acclaimed 18-hole public courses (Firecliff and Mountain View) with pristine fairways and exceptional practice facilities.
- **Booking:** Open to the public; hotel guests often receive preferred access or recommendations directly through resort concierge services.

Standard Green Fees Breakdown

Golf Course	Peak Season (Oct – April)	Notes & Inclusions
The Westin Rancho Mirage (Pete Dye Course)	\$130 – \$220+	Includes cart, unlimited practice balls, and bottled water.
Mission Hills North (Gary Player Course)	\$135 – \$265	Includes golf cart and practice facility/driving range access.
Desert Island Country Club	\$150 – \$200	Includes shared cart and range balls.
Desert Willow Golf Resort	\$150 – \$250+	Non-resident standard pricing. Rates fluctuate daily based on demand.

Helpful Booking Tips

- **Twilight Rates:** Playing after 1:00 PM or 2:00 PM typically yields a 30% to 50% discount on standard peak morning green fees across all facilities.
- **Golf Deal Aggregators:** Platforms like [UnderPar](#) or [GolfMoose](#) frequently feature promotional vouchers for these specific courses during the shoulder months (e.g., packages offering two players a round with a cart for under \$180).
- **Resort Guest Discounts:** If you are staying at the Ritz-Carlton, check directly with the concierge before booking independently, as local resorts occasionally coordinate preferred guest booking windows or seasonal discounts with neighboring properties.

Hiking Trails

While many trails, these three are recommended because they are beginner to intermediate and a reasonable length.

City of Rancho Mirage Parks & Trails Municipal website.

https://ranchomirageca.gov/residents/culture_and_recreation/parks___trails.php

This site has information on all parks and a link to trail maps.

Jack Rabbit Trail

This is a gentle, 1.4-mile loop that you can access right from the base of the hill near [Rancho Mirage City Hall](#). It features a mild 190-foot elevation gain via smooth switchbacks and takes you through the beautiful [Richard and Annette Bloch Cancer Survivors Park](#), which has unique sculpture gardens and tiled benches. It gives you a great taste of the desert ecosystem with very low physical strain.

Roadrunner Trail (Beginner to Intermediate)

If you want a slightly longer walk with beautiful valley views, this scenic path runs along the hillsides right below the resort. It has a good, predictable dirt surface but introduces a few more rolling hills. You can easily do it as a straightforward out-and-back or combine it with the Jack Rabbit Trail for a custom loop.

Butler-Abrams Trail

If you want zero dirt or rocky terrain, this is a flat, 2.4-mile paved asphalt path that parallels the Whitewater Wash. Located just minutes from the resort, it runs between Michael S. Wolfson Park and Country Club Drive, offering wide-open, dramatic views of the San Jacinto Mountains without any climbing at all (only 45 feet of elevation gain)

Spa Discounts

Attendees should call the spa and mention they are **NABL attendees to receive the 10% discount**. Reservations are recommended; attendees should call before arrival to secure their preferred day and time.

View the treatment [menu](#) and additional information on the salon, the fitness center, and their daily yoga class. **To get the discount, attendees must call, not reserve online.**